

SAFETY - WATER SAFETY

Summer is the time for water fun, whether at the beach, the local pool, the backyard pool, or a boat. However, water fun can also be very dangerous, for adults as well as children.

Drowning is a major cause of death in children ages 1-19 so it is vital to observe safety rules. It only takes seconds for a child to drown, but water safety is extremely important for all family members.

Beach and Pool Safety -

1. Remember to use caution near water.
2. Swim only in areas approved for swimming.
3. Watch children at all times -- do not leave them unsupervised
4. Teach children to swim.
5. Never swim alone
6. Do not dive into water unless you are aware of its depth and whether there are obstructions underwater.
7. Make sure there is a lifeguard at the beach or local pool.
8. Do not rely on floating inflatable swimming devices to keep children safe.
9. Learn CPR.
10. If you have a pool in your yard, use pool motion sensors.
11. Remove toys from backyard pool after use so children don't attempt to get to them in the water.
12. Put a fence around your backyard pool.
13. Keep backyard pool covered when not in use.
14. Keep a phone by the backyard pool.
15. Do not drink and swim.

Boating Safety –

1. Make sure the boat is in good condition and good working order before use.
2. Let someone know where you are going and when you will be back.
3. Adults and children should wear properly-fitted life jackets on the boat.
4. Check the life jackets for rips and/or tears and keep them out of the sun.
5. Have a flotation device onboard you can throw in the water if needed.
6. Have a fire extinguisher, first aid kit, tool kit, flares, horn, whistle, flashlight, and radio aboard.
7. Never drink alcohol and operate a boat.