

# PREPAREDNESS TIPS – BEFORE THE STORM

## FOR SENIORS/DISABLED:

\*\*\*IN ADDITION TO ALL THE TIPS IN THE PREVIOUS LISTS\*\*\*  
SENIORS, DISABLED, AND OTHERS WITH SPECIAL NEEDS  
SHOULD OBSERVE THESE ADDITIONAL DISASTER AND  
EMERGENCY PREPAREDNESS TIPS

- If you have special needs or require assistance, be sure to let local emergency management agency know by registering with them
- If you have special needs like oxygen, check with supplier about its emergency plans
- If you have other special needs for equipment that requires electricity, be sure to contact your doctor and request instructions should you lose electricity
- Locate nearest hospitals that can supply power for your equipment should you need it
- Be sure to let neighbors know if you need any help
- If you use mobility aids like wheelchair, walker, cane, etc., be sure they are maintained and in good condition
- If your home has ramps for entrance, be sure they are secured properly
- If your car has any special equipment for your individual need, be sure that it also in maintained and in good condition
- Learn where evacuation shelters are in your area
- Make early arrangements for a ride if you do not drive and you need to evacuate – make plans with a friend, neighbor, senior group, or emergency management office
- Arrange for a contact person for your family and friends to communicate with if you cannot be reached